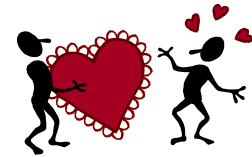







TULSA PUBLIC SCHOOLS - CHILD NUTRITION
FEBRUARY 2012
BREAKFAST



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 1-30 Tortilla Scramble Or Cold Cereal w/ Cereal Bar Sliced Peaches | 1-31 Morning Sausage Roll Or Cold Cereal w/ Whole Wheat Toast Fresh Apple | 1 French Toast Sticks Or Cold Cereal w/ Whole Wheat Toast Fruit Mix | 2 Sausage Pancake Or Cold Cereal w/ Whole Wheat Toast Juice | 3 Biscuit w/ Gravy Or Cold Cereal w/ Pop Tart Fresh Orange |
| 6 Pancake w/ Scramble Eggs Or Cold Cereal w/ Muffin Juice | 7 Oatmeal w/ Whole Wheat Toast Or Cold Cereal w/ Whole Wheat Toast Applesauce | 8 Scramble Eggs w/ Seasoned Potato Cubes & Whole Wheat Toast or Cold Cereal w/ Whole Wheat Toast Juice | 9 Morning Breakfast Bar Or Cold Cereal w/ Whole Wheat Toast Fresh Orange | 10 Biscuit w/ Ham & Cheese or Cold Cereal w/ Cereal Bar Juice |
| 13 French Toast Sticks Or Cold Cereal w/ Pop Tart Chilled Pears Feb. 12 Abe Lincoln's Birthday | 14 Toasted Ham & Cheese Sandwich Or Cold Cereal w/ Whole Wheat Toast Juice  | 15 Morning Sausage Roll or Cold Cereal w/ Whole Wheat Toast Pineapple | 16 Breakfast Taco Or Cold Cereal w/ Whole Wheat Toast Juice | 17 NO SCHOOL TEACHERS PROFESSIONAL DAY |
| 20 NO SCHOOL PRESIDENT'S DAY   | 21 Ham & Cheese Frittata Or Cold Cereal w/ Whole Wheat Toast Juice | 22 Scramble Eggs w/ Seasoned Potato Cubes & Whole Wheat Toast Or Cold Cereal w/ Whole Wheat Toast Juice George Washington's Birthday | 23 Biscuit w/ Gravy Or Cold Cereal w/ Whole Wheat Toast Fresh Apple | 24 Pancakes w/ Sausage Patty OR Cold Cereal w/ Pop Tart Juice |
| 27 French Toast Sticks or Cold Cereal w/ Muffin Applesauce | 28 Toasted Ham & Cheese Sandwich Or Cold Cereal w/ Whole Wheat Toast Juice | 29 Morning Sausage Roll or Cold Cereal w/ Whole Wheat Toast Slice Peaches | ½ PT. MILK OFFERED DAILY | |



Menu subject to change without notice.

Visit us at - www.tulsaschools.org/depts/childnutrition/

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AH FEBRUARY Breakfast 2011-2012